

THE STRONG FOUNDATION SERIES

MONDAYS 1-2 PM

<https://massbay.zoom.us/j/4656438739>

Join us- ask for workshop/ no registration required

Feb 8: SNAP Benefits and Local Food Resources: Hosted by Project Bread

Feb 22: Pandemic Stress and Zoom Fatigue: strategies to help you cope

Mar 8: Self-Advocacy and Communicating with Your Professor

Mar 22: Tackling Time Management

Apr 5: Applying for Summer and Fall Scholarships

#Success

#Coaching Commons

Presented by Coaching Commons in collaboration with AAC, ARC, Advising, Counseling, & Faculty.

